

# SUPPORTING THE HEALTH AND WELLBEING OF PRIMARY CARE EMPLOYEES

At Response Occupational Health, we are committed to delivering specialised and comprehensive Occupational Health (OH) services tailored to the unique needs of NHS primary care and PCN employees. Our distinctive approach ensures access to high-quality Occupational Health services, promoting optimal health, swift return to work and a positive work environment.

**How We Support You:** Benefit from personalised consultations designed to meet your PCN requirements, whether through face-to-face meetings, telephone calls, or video consultations. After the assessment, we provide a detailed post-assessment report within 48 hours to offer timely and effective support.

## Services We Offer:

### Occupational Health Physiotherapy

- Expert guidance and exercises to address musculoskeletal concerns
- Promoting wellness and preventing injuries

### Mental Health Services

- Support and guidance for NHS employees facing mental health challenges
- Confidential and compassionate assistance to promote wellbeing

### Ergonomics (DSE) Assessments

- Focus on ensuring an optimal ergonomic setup
- Best practice advice for remote workers

### Absence Management

- Reduce absence rates
- Cut costs associated with absenteeism
- Boost productivity
- Facilitate swift return to work

### Occupational Health Assessments

- Completed by Occupational Health Nurses (OHA)
- Provide expert guidance and advice on general health-related conditions
- Work-related advice on any health barriers that present

### Occupational Health Physician

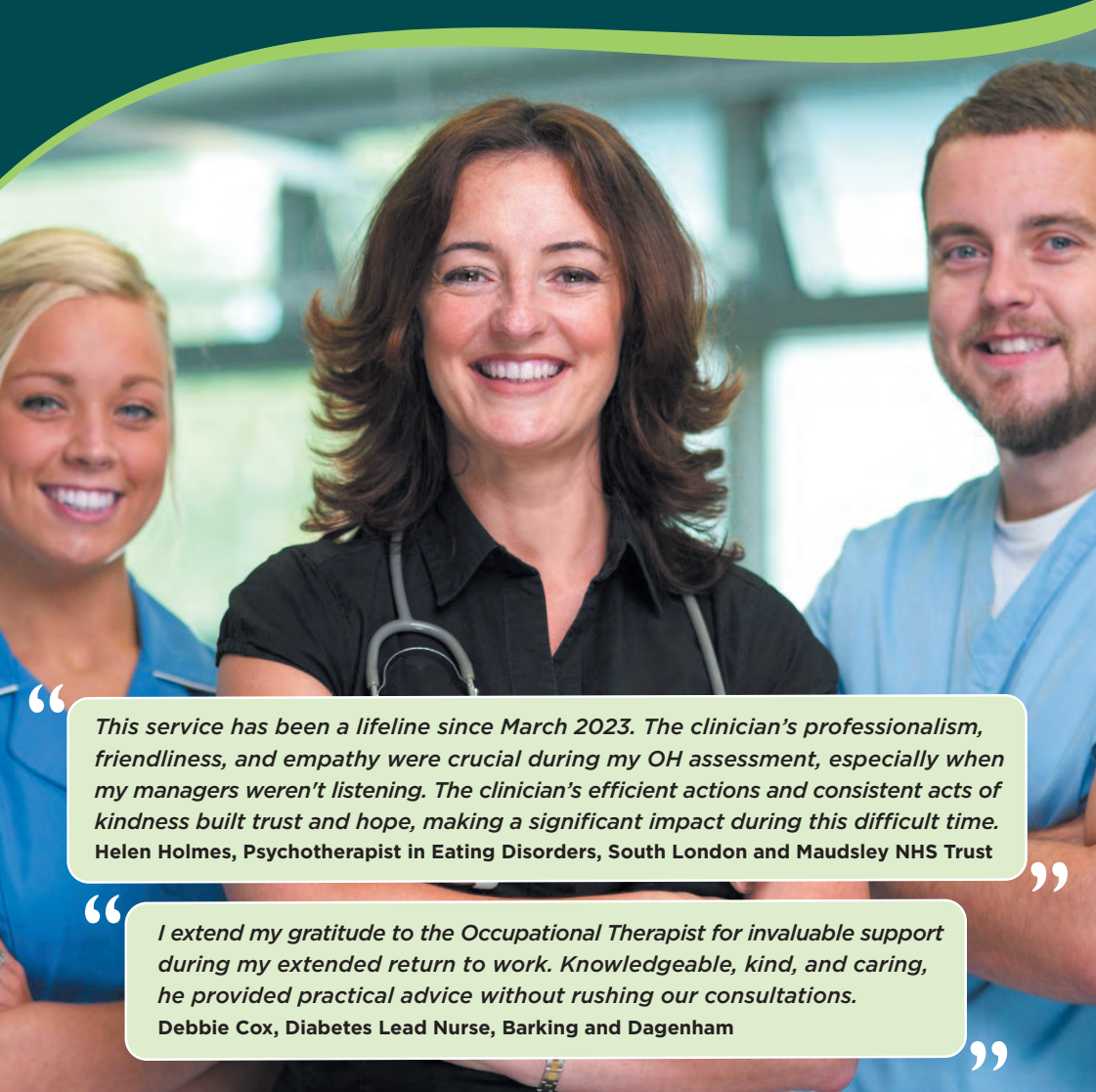
- Assessments for employees who are candidates for ill health retirement



# OCCUPATIONAL HEALTH SERVICES FOR PRIMARY CARE EMPLOYEES



Our dedicated team is ready to discuss how we can support the health and wellbeing of your valuable NHS primary care and PCN employees.



*This service has been a lifeline since March 2023. The clinician's professionalism, friendliness, and empathy were crucial during my OH assessment, especially when my managers weren't listening. The clinician's efficient actions and consistent acts of kindness built trust and hope, making a significant impact during this difficult time.*  
**Helen Holmes, Psychotherapist in Eating Disorders, South London and Maudsley NHS Trust**

*I extend my gratitude to the Occupational Therapist for invaluable support during my extended return to work. Knowledgeable, kind, and caring, he provided practical advice without rushing our consultations.*  
**Debbie Cox, Diabetes Lead Nurse, Barking and Dagenham**

If you would like to learn more about our Occupational Health Services and how we can help your PCN call **0800 999 7055** or email Richard Carter, OH Director, at [rcarter@responseoh.com](mailto:rcarter@responseoh.com)